

MENTAL HEALTH AWARENESS DAY 2010
Hope, Opportunity, Perseverance, Empowerment
Missouri State Capitol
April 22nd

SCHEDULE OF EVENTS

Capitol South Lawn

9:00 A.M. – 3:00 P.M. REGISTRATION

12:00 P.M. – 1:00 P.M. LUNCH and CONCERT

Free Pizza and Soda

Music provided by the Lincoln University Marching Band

1:00 P.M. SPEAKERS

Legislative and Department of Mental Health Speakers

Media Awards

2:00 P.M. – 3:00 P.M. ICE CREAM SOCIAL

First Floor Capitol Rotunda and Third Floor Capitol Rotunda

10:00 A.M. – 3:00 P.M. EXHIBITS

Truman Building

9:30 A.M. – 12:00 P.M. CONSUMER CONFERENCE

9:30 A.M. Welcome (Auditorium, Room 490/492)

Helen Minth and Robert Qualls

10:00 A.M. – 11:00 A.M. Concurrent Sessions

Aromatic Plants and Their Usage - Dr. Hwei-Ying Johnson (Room 400)

How to Start a Wellness Program – Independence Center Staff

(Aud. Room 490/492)

11:00 A.M. – 12:00 P.M. Concurrent Sessions

Person-Centered Planning – Tish Thomas (Aud. Room 490/492)

Laughing Yoga – speaker invited (Room 493/494)

Highlights for 2010

- ❖ 9:30 a.m. Consumer Conference at Truman Building
- ❖ 1:00 p.m. Speakers & Media Awards on the Capitol South Lawn
- ❖ Exhibit Areas on the First and Third Floors of the Capitol Rotunda

Parking

A Parking Garage is located at 201 Madison St. (See attached map.) Buses must drop off passengers at the north side of the Missouri State Capitol. Buses may park at the following locations: North side of State Street at Madison St.; 400 Block of Washington; 100 Block of W. Miller; 300 Block of State Street on the south side; 200 Block of Miller St.; 400 Block of Jefferson Street on the west side; and the east side of Wal-Mart Super Center, 724 W. Stadium.

Registration — Capitol South Lawn

On arrival, please visit the Registration Tent to receive your information for the day.

Consumer Conference

Opening Session at 9:30 A.M., Harry S Truman Bldg. Concurrent workshops run until noon.

Events

The State Capitol South Lawn will be our host site, with speakers, entertainment and Media Awards.

Weather

The event will occur even if raining. April has variable weather so please dress appropriately for outdoors.

Lunch

Free pizza and soda will be served on the South Lawn.

Exhibits

On the First and Third Floor Capitol Rotunda mental health providers, researchers and educators showcase their work and services.

Ice Cream Social

Free ice cream will be served on the Capitol South Lawn at 2:00 p.m.

Volunteers

Volunteers at the registration tent can assist you all day with directions, questions or emergencies.

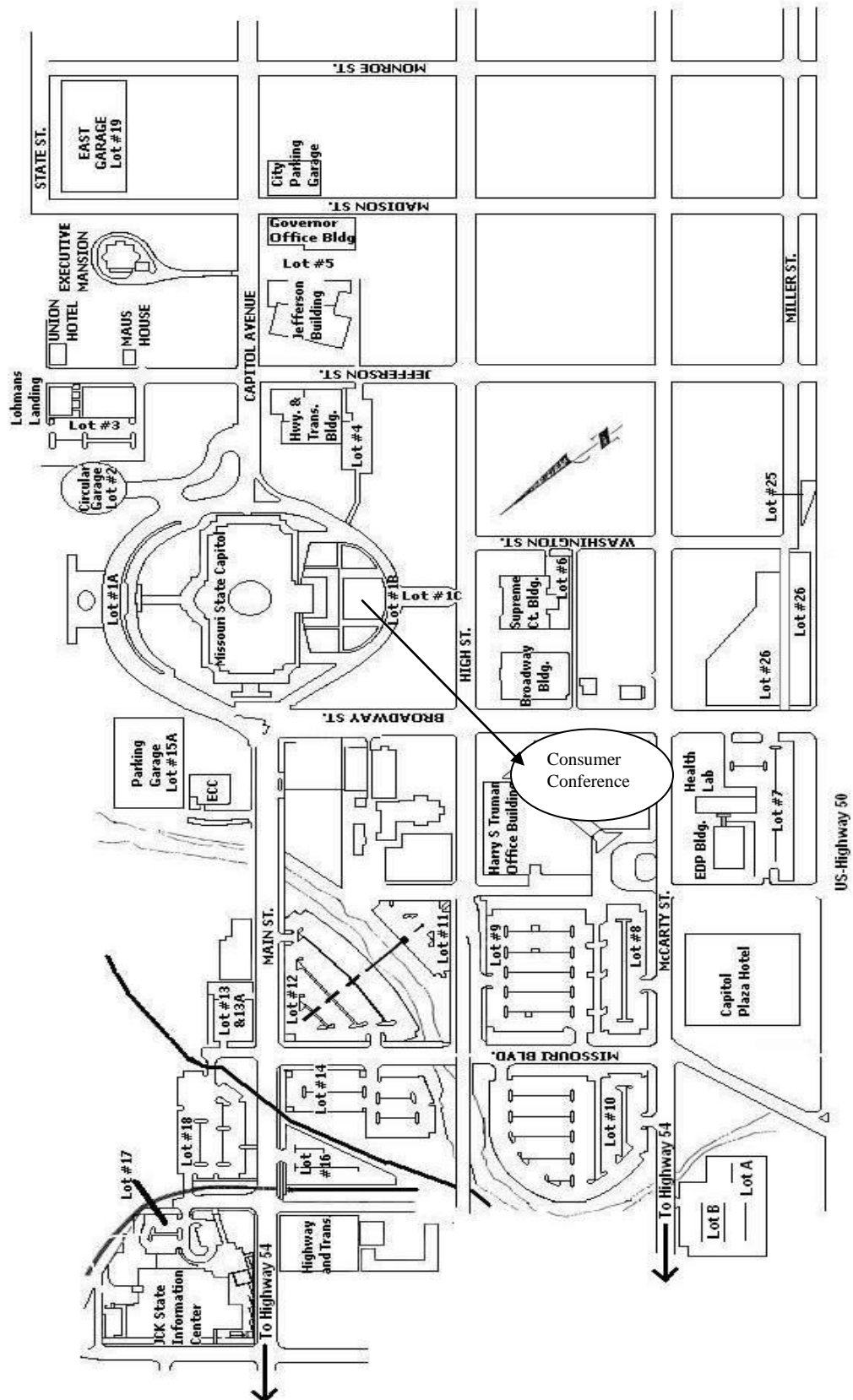
Emergency

If you have a medical emergency, an ambulance will be on-call during the event.

Clean Up

Please throw litter in the trash bins located around the lawn. People may smoke outside. Please place all cigarette butts in trash barrels.

Map of Missouri State Capitol Complex



**Mental Health Awareness Day 2010
April 22nd Missouri State Capitol
Exhibitors List**

Please stop by and visit the exhibitors on the First and Third Floor Rotunda of the State Capitol.

First Floor and Third Floor Rotunda

Paula J. Carter Center on Minority Health and Aging
Department of Mental Health Housing Unit
Department of Mental Health Suicide Prevention Grant
Crider Health Center
Missouri Recovery Network (MRN)
Missouri's Youth/Adult Alliance (MYAA)
CLAIM
Harry S. Truman Memorial VA Hospital
Mid-West Behavioral Healthcare Management, Inc.
Royal Oaks Hospital/ Pathways Behavioral Healthcare
Missouri Institute of Mental Health
Adapt of Missouri
Missouri Alliance to Curb Problem Gambling
MO HealthNet Health and Wellness Program
Central Missouri Area Agency on Aging
Missouri Developmental Disabilities Network
Center for Behavioral Health, St. Mary's Health Center
Cole County Health Department

Elevators to Third Floor

Capitol First Floor

